

HOME connection

OT Unit: Songs From the Heart, Lesson 1

D6 Family Theme:

A SONG FOR SUFFERING

Objectives:

Know: David chose to call upon and praise God in the midst of suffering.

Think: View suffering and difficulty as opportunities for God to work in my life.

Do: Choose to praise God during times of suffering.



READ: LISTEN TO GOD

Read Psalm 22. In Psalm 22, the writer (or psalmist) described the soul-piercing emotions of turmoil and abandonment. God Himself seemed to have gone far away. The writer saw beyond his suffering to a time of future victory, and chose to praise God even in his suffering.



PRAY: TALK TO GOD

Understand and accept that we will experience suffering. Pray that you and your family will remember that God is always in control, even in our suffering. He wants us to rely on and reach out to Him in our times of need.



DO: WALK WITH GOD

Option 1: As Christians, we are not immune to trials and suffering, but we do know we are to find joy in them. This joy comes from knowing God is in control, has a purpose for everything, and has ultimate victory over all. Tell your child the story of Job, who experienced physical illness, the loss of his family, and much more. Through it all, he praised God. Just as Job worshiped God during his suffering, we are to do the same. Have your child list some trials he or she has encountered. What ways could your child have better praised God during that difficult time? Pray that your child will focus on God during future trials.

Option 2: Ask your family if any of them have ever watched a bullfight (live or recorded). If so, ask them to describe the danger involved with fighting a bull. You might also consult the Internet (e.g., https://en.wikipedia.org/wiki/Running_of_the_Bulls) for information about how dangerous bulls can be. How would your family like to be in the ring with or running the streets with wild bulls?

THIS WEEK IN D6 CURRICULUM:



PRE-
SCHOOL

Today your child learned Jesus died on the cross to save us from our sin so we can go to Heaven. After He died, Jesus' body was placed in a guarded tomb. On the third day after Jesus' death, some of His friends went to the tomb to care for His body. The stone was rolled away and an angel told them He was not there. **Jesus Is Alive.**



K & 1
GRADE



2 & 3
GRADE



4 & 5
GRADE

Today your student learned King David wrote a psalm (a song) of suffering about Jesus' coming death before Jesus was even born. He or she compared the psalm to the events of Jesus' death to learn that from the beginning, God had a plan to take away the sins of the people He created. Like David did, we are to spend time worshipping God because He is amazing.



YOUNG
TEEN



HIGH
SCHOOL

Teens saw that although suffering and sadness are inevitable parts of life, we can follow the example of those who have gone before us and look to God as the source of our strength and praise Him even when things are difficult. Talk to your teens about difficulties you have faced and how having the right perspective and view of God in the midst of them helped you through those times.



YOUNG
ADULT

The group members examined how suffering is part of life in this world. Members were encouraged to trust God in all circumstances because of His nature and character.



ADULT

FUSION groups examined how the writer of Psalm 22 saw beyond his suffering to a time of future victory, and chose to praise God even in his suffering. Members were encouraged to find verses of Scripture that teach about the hope God provides during times of suffering and difficulty, and to memorize at least one of them.